Referral List

ADHD

1. Jane Sullivan MHNP <https://www.psychologytoday.com/us/psychiatrists/jane-sullivan-washington-dc/830296> Phone: 202-519-7476
2. Adult ADHD Center of DC <https://adultadhdcenterdc.com/>  Phone: 202-232-3766
3. Dr. Solomon Meltzer <https://meltzerpsychiatry.com/> Phone: 410-929-4060
4. Center for Neurocognitive Excellence of DC <https://adhd-center-dc.com/service/adhd-diagnostic-evaluation/> Phone: 202-998-2343
5. Capital Center for Psychotherapy and Wellness <https://www.capitalpsychotherapy.com/psychological-testing> Phone: 202-888-5595

Allergy

1. Karen Kaufman at Kaufman Allergy Asthma and Immunology Center, <https://kaufmanallergy.com/> Phone: 703-403-5413
2. Capitol Breathe Free Sinus and Allergy Centers

<https://www.capitolbreathefree.com> Phone: 202-888-8635

1. Premier Allergy: Asthma and Allergy Center at DuPont Circle <https://premierallergist.com> Phone: 202-861-8888 or 800-778-9923

Audiologist

1. Audiology Associates <https://aaiaudiology.com/> Phone: 410-944-3100
2. GW Speech and Hearing Center <https://speechhearing.columbian.gwu.edu/hearing-health-care> Phone: 202-994-7360
3. Spring Valley Hearing Center <https://springvalleyhearingctr.com/> Phone: 202-362-4300

Breast

1. Dr. Hanh-Tam Tran <https://www.hopkinsmedicine.org/profiles/details/hanh-tamtran> Phone: 202-243-5230
2. Dr. Pamela Wright <https://www.hopkinsmedicine.org/profiles/details/pamela-wright> Phone: 410-367-2751
3. Dr. Marc Boisvert <https://www.medstarhealth.org/doctors/marc-e-boisvert-md-mba> Phone: 202-877-7937
4. Dr. Christine Teal <https://gwdocs.com/profile/christine-teal> Phone: 202-741-3308
5. Dr. Colette Magnant <https://marylandoncology.com/staff/colette-magnant-md-facs/> Bethesda Location Phone: 301-679-7705
6. Dr. Marie Pennanen <https://www.chevychasebreastcenter.com/marie-f-pennanen-md-facs> Phone: 301-656-9010
7. Dr. Stephanie Akbari <https://virginiacancerspecialists.com/physician/stephanie-akbari-m-d-f-c-s/> Phone: 571-350-8400
8. Dr. Elizabeth Feldman <https://virginiacancerspecialists.com/physician/elizabeth-feldman-m-d-f-a-c-s/> Phone: 571-350-8400
9. Dr. Costanza Cocilovo <https://www.inova.org/doctors/costanza-cocilovo-md> Phone: 571-472-1600
10. Dr. Molly Sebastian <https://www.vhcphysiciangroup.com/doctors/molly-sebastian/> Phone: 703-717-4217

Cardiology

1. Dr. Reza Sanai <https://cardiocarellc.com/> Phone: 301-656-5050
2. Dr. Catherine Bennet <https://cardiocarellc.com/> Phone: 301-656-5050
3. Dr. Ramin Oskoui<https://www.hopkinsmedicine.org/profiles/details/ramin-oskoui> Phone: 202-464-5770
4. Dr. Harjit Chalal <https://www.medstarhealth.org/doctor/dr-harjit-k-chahal-md/> Phone: 202-416-2000

### Chiropractor

1. Palmer Care Chiropractic <https://www.palmercare.com> Phone: 202-828-8303
2. Complete Chiropractic Care  <https://completechiropracticdc.com/> Phone: 202-733-5604
3. DC Chiropractic and Sports Injury Clinic <https://www.dcchiroinjury.com/> Phone: 202-878-8907
4. King Street Chiropractic Wellness Center (VA)  <https://www.kingstreetwellness.com/> Phone: 703-578-1900

Dermatology

1. Integrated Dermatology [www.washingtondcderm.com](http://www.washingtondcderm.com/) Phone: 202-293-3990
2. Dr. Vincenzo Gianelli <https://forefrontdermatology.com/provider/vincenzo-giannelli-md/?utm_source=GMB&utm_medium=Yext&y_source=1_MTQ4NjQ2NzItNzE1LWxvY2F0aW9uLmdvb2dsZV93ZWJzaXRlX292ZXJyaWRl>
3. Christine DeWitt <https://www.medstarhealth.org/doctor/dr-christine-a-dewitt-md/> Phone: 301-951-2400
4. William Sawchuck <https://www.sawmasdermatology.com/> Phone: 703-532-7211
5. Braun Dermatology Associates, <https://www.braundermatology.com/> Phone: 202-816-7557
6. DermAssociates:  <https://www.usdermatologypartners.com/locations/maryland/silver-spring/10313-georgia-ave-ste-309/> Phone: 301-681-7000
7. Dr. Lawrence Green <https://aestheticdermatologymd.com/our-team/dr-lawrence-green/> Phone: 301-610-0663
8. Dr. Sarika Snell <https://www.washingtondcderm.com/blog/2017/9/19/-integrated-dermatology-washington-dcs-leading-dermatology-group-welcomes-dr-sarika-snell> Washington DC Location Phone: 202-955-6995 Phone: 202-293-3990
9. Dr. Stephen Suah <https://www.foxhalldermatology.net/provider/stephen-suah-md-ms> Phone: 432-529-4711

Dentist/Oral Surgery/TMJ

1. Elite Prosthetic Dentistry <https://www.eliteprostheticdentistry.com/other-services/tmj-treatment/> Phone: 202-946-3645
2. Dental & TMJ Specialists of Greater DC <https://www.greaterdcspecialists.com/> Phone: 301-493-9500
3. The Washington TMJ & Sleep Center Therapy Center <http://www.dctmjsleep.com/our-services/tmj-disorders> National Harbor Location Phone: 301-839-0055, Bethesda Location Phone: 301-652-3444

Ear, Nose, and Throat

1. GW MFA Ear, Nose, and Throat Center <https://www.gwdocs.com/locations/west-end-2300-m-street-ear-nose-throat-center/>  Phone: 202-741-3250
2. Dr. Jack B Williams <https://www.e-n-t.com/jack-williams-m.d.-facs> Phone: 301-652-8847
3. Dr. Stephen Wall <https://www.hopkinsmedicine.org/profiles/details/Stephen-Wall> Phone: 202-862-2600
4. Dr. Michelle Roeser <https://www.inova.org/doctors/michelle-marie-roeser-md> Phone: 703-644-7800

Eating Disorders/Psychiatric Care

1. The Body Image Center <https://thebodyimagecenter.com/> Phone: 240-722-1014. ﻿
2. The Renfrew Center <https://renfrewcenter.com/admissions/insurance-coverage> Phone: 800-736-3739
3. Dr. Dana Harron <http://www.drdanaharron.com/> Phone: 202-656-3681

Endocrine

1. Dr. Shabina Roohi Ahmed <https://www.hopkinsmedicine.org/profiles/details/shabina-ahmed> Phone: 240-235-9120
2. Regina Kundell, NP <https://www.hopkinsmedicine.org/community_physicians/our_team/nurses/regina_kundell.html> Phone: 240-235-9100
3. Dr. Laura Cowen <https://www.medstarhealth.org/doctors/laura-e-cowen-md> Phone: 202-687-2818
4. Dr. Michael West <https://www.washingtonendocrineclinic.com/> Phone: 202-570-5151
5. Dr. Suzanne M. Adler <https://gwdocs.com/profile/suzanne-adler> Phone: 202-741-3422
6. Dr. Meeta Sharma <https://www.medstarhealth.org/doctors/meeta-sharma-md> Phone: 202-877-2300
7. Dr. Jill Paulson <https://www.rysehealth.com/md/jill-paulson-md> Phone: 571-559-7214
8. Dr. Stephanie Stein <https://www.dcendocrine.com/> Phone: 301-941-3090
9. Endocrinology with Virginia Hospital Center <https://www.vhchealth.org/medical-services/endocrinology-diabetes/>

Gastroenterology

1. Dr. Mark Mattar <https://www.medstarhealth.org/doctors/mark-c-mattar-md> Phone: 202-444-8541
2. Dr. Dominique Howard and Dr. Jessica Korman <https://www.capitaldigestivecare.com/> Phone: 240-737-0085
3. Dr. Susan Stein <https://gwdocs.com/profile/susan-stein> Phone: 202-463-8548
4. Dr. Bindu Umapathi <https://www.gwhospital.com/conditions-services/pelvic-floor-center/bindu-umapathi> Phone: 202-715-4000
5. Reston Gastro Health <https://gastrohealth.com/reston> Phone: 703-435-3366
6. Gastrointestinal Medicine Associates <https://www.gastromedva.com> Fairfax, VA Phone: 703-436-6472, Reston, VA Phone: 703-563-4171
7. Dr. Sanji Wasan <https://gihepcenter.com/about/>  Phone: 703-724-4480
8. Dr. Deborah Brauer <https://www.digestivediseasephysicians.com/dr-deborah-brauer/> Phone: 703-751-5763

Gender Affirming Care

1. The Johns Hopkins Center for Transgender Health <https://www.hopkinsmedicine.org/center-transgender-health/> Phone: 844-546-5645

General Surgery

1. Dr. Katherine Graw Lamond <https://www.hopkinsmedicine.org/profiles/details/katherine-lamond> Phone: 202-895-1440
2. Dr. Brett Parker <https://www.hopkinsmedicine.org/profiles/details/brett-parker> Phone: 202-895-1440
3. Dr. Martin G Paul <https://www.hopkinsmedicine.org/profiles/details/martin-paul> Phone: 202-895-1440

Genetics Counseling

1. Natera Phone: 650-249-9090
2. Dr. Reem Saadeh <https://www.hopkinsmedicine.org/sibley-memorial-hospital/_documents/patient-care/cancer_genetics_counseling_brochure.pdf> Phone: 202-370-6546

Gynecologic Oncology:

1. Dr. Jeffrey Lin <https://www.hopkinsmedicine.org/profiles/details/jeffrey-lin> Phone: 202-243-5295
2. Dr. Mildred Chernofsky <https://www.hopkinsmedicine.org/profiles/details/mildred-chernofsky> Phone: 202-243-5295
3. Dr. Jeanine Staples <https://www.hopkinsmedicine.org/profiles/details/jeanine-staples> Phone: 202-243-5295
4. Dr. Micael Lopez-Acevedo at the GW Cancer Center <https://cancercenter.gwu.edu/profile/scientist/micael-lopez-acevedo> Phone: 202-741-2210

Hematology

1. Dr. Craig Kessler <https://www.medstarhealth.org/doctors/craig-martin-kessler-md> Phone: 202-444-2223
2. Dr. Karim Boudadi <https://www.hopkinsmedicine.org/profiles/details/karim-boudadi> Phone: 202-660-6500

Hepatology

1. Dr. Arul Thomas <https://www.medstarhealth.org/doctor/dr-arul-m-thomas-md/> Phone: 202-444-3700

Mental Health Services

1. Sarah Moore, LPC <https://www.sarahmoorelpc.com> Phone: 703-485-7457
2. Dr. Wendy Hookman <https://www.wcwcw.org/provider/wendy-hookman-md> Phone: 301-881-9464
3. Integrative Therapy of Greater Washington <https://greaterwashingtontherapy.com> Phone: 301-468-4849
4. Dr. Barbara Byers <https://capitalmentalhealth.com> Phone: 240-743-4535
5. Dr. Mana Ali <https://www.medstarhealth.org/doctors/mana-k-ali-phd> Phone: 202-877-1120
6. Cherie Kitchell, LCSW <https://ckitchelllcsw.wixsite.com/ckitchell> Phone: 703-851-2563
7. Dr. Solomon Meltzer <https://meltzerpsychiatry.com> Phone: 410-929-4060
8. Dr. John Beyer <https://www.dcmindbodypsychiatry.com> Phone: 410-701-0098
9. Dr. Amita Jha <https://www.bethesdapsychiatrymd.com> Phone: 301-468-1001
10. Dana Kravitz, LICSW <https://liv.advantiahealth.com/team/> Phone: 202-481-2050
11. Kelsey Bates <https://mentalhealthcounselingforwomenshealth.com/aboutkelseybates> Phone: 252-260-4174

Minimally Invasive Gynecologic Surgery

1. Dr. James Robinson <https://www.medstarhealth.org/doctors/james-kane-robinson-md> Phone: 202-416-2000
2. Dr. Victoria Vargas <https://www.hopkinsmedicine.org/profiles/details/Maria-Vargas> Phone: 202-243-5295

Neurology

1. Integrated Neurology Services <https://www.integratedneurologyservices.com/provider/natalia-kayloe-md> Phone: 703-313-9111
2. Dr. Marilyn Kraus <https://gwdocs.com/profile/marilyn-kraus> Phone: 202-741-2708
3. Dr. Prerna Malla <https://www.medstarhealth.org/doctors/prerna-malla-md> Phone: 202-877-0333
4. Dr. Jessica Ailani <https://www.medstarhealth.org/doctors/jessica-ailani-md> Phone: 202-444-8525
5. Dr. Shakti Vadasseri Nayar <https://www.medstarhealth.org/doctors/shakti-vadasseri-nayar-md> Phone: 202-444-8525
6. Dr. Rhanni N. Herzfeld <https://www.neurologycenter.com/professional-staff/physicians/rhanni-n-herzfeld-md> Phone: 301-562-7200

## Nutritionists

## Amanda Podczerwinski <https://www.hopkinsmedicine.org/bariatrics/dc-bariatrics-team.html>

## Jodie Hofacre <https://www.hopkinsmedicine.org/bariatrics/dc-bariatrics-team.html>

## Eloise Palmateer, RD <https://www.offscriptnutrition.com> Phone: 202-393-8432

## Dr. Maryam Dakhah <https://www.eatwellguru.com/location/va/vienna> Phone: 703-794-5402

## Emily Arkin <https://www.rdemily.com/about> Phone: 240-242-9440

Ophthalmology

1. Eye Doctors of Washington <https://www.edow.com/about/> Phone: 301-281-4085
2. Dr. Colleen Joseph <https://www.metropolitanophthalmology.com> McLean, VA Phone: 703-356-5484
3. Dr. Shameema Sikder <https://www.hopkinsmedicine.org/profiles/details/shameema-sikder> Phone: 202-482-1100

Orthopedics

1. Washington Orthopedics and Sports Medicine <https://www.wosm.com> Phone: 202-833-1147
2. Orthopedic Medicine and Surgery Center <https://www.dcorthodocs.com> Phone: 202-835-2222
3. Dr. Alissa Zingman <https://prismspineandjoint.com/dr-zingman/> Phone: 240-600-0177

Pain Management

1. Georgetown Pain Management <https://www.gtpain.com> Phone: 202-935-6980
2. International Spine, Pain, and Performance <https://www.isppcenter.com> Phone: 202-851-7034
3. GW Spine and Pain Center <https://www.gwhospital.com/conditions-services/spine-and-pain-center> Phone: 888-4GW-DOCS

Physical Therapy

1. Rose Physical Therapy<https://rosept.com/> Phone: 202-630-0378
2. GW Pelvic Floor Center <https://www.gwhospital.com/conditions-services/pelvic-floor-center> Phone: 888-4GW-DOCS
3. MedStar Physical Therapy <https://www.medstarhealth.org/services/physical-therapy>
4. Solutions Physical Therapy-Alexandria VA <https://solutionsphysicaltherapy.com/> Phone: 703-672-7205
5. Core Wellness and Physical Therapy-Alexandria VA <https://alexandriaphysicaltherapist.com/arlington-virginia-dc-physical-therapy> Phone: 571-403-2673
6. Alliance Physical Therapy-Alexandria VA <https://www.alliancephysicaltherapyva.com/physical-therapy-alexandria-virginia.aspx> Phone: 703-751-1008
7. Ariella Pohl <https://www.districtperformancephysio.com/post/welcome-ariella-our-new-physical-therapist-pelvic-floor-specialist> Phone: 202-922-7331
8. Lauren Trosch <https://www.laurentrosch.com> Phone: 202-681-2699
9. Erin Longhurst <https://pelvicrehab.com/practitioner/erin-longhurst-pt-dpt/> Phone: 202-293-1853

Plastic Surgery

1. Kathy Huang <https://www.plasticsurgerynow.com/about-us/our-doctors/dr-kathy-huang/> Phone: 301-881-7770
2. Anita Kulkarni <https://dcplasticsurgeryboutique.com/> Phone: 202-335-4700
3. Lauren Patrick: <https://www.westendplasticsurgery.com/about/team/dr-patrick/> Phone: 202-785-4187
4. Troy Pittman <https://somenekpittmanmd.com/our-team/troy-a-pittman-md-facs/> Phone: 202-810-7700
5. Coleman Brown <https://www.brunobrownplasticsurgery.com/about/meet-the-team/c-coleman-brown-md-facs/> Phone: 301-215-5955
6. Michael Olding <https://www.gwdocs.com/find-a-doctor/michael-olding-md-facs/> Phone: 202-741-3241

Podiatry

1. Nova Podiatry and Wound Care <https://www.novafootcare.com> Phone: 703-651-5850
2. Crawford Podiatry and Aesthetics <https://crawfordfootspa.com> Phone: 240-803-3381
3. The Nail Restoration Center <https://www.thenailrestorationcenter.com> McLean, VA Phone: 703-556-8637
4. Foot and Ankle Specialist of the Mid-Atlantic <https://www.footandankle-usa.com> Phone: 202-331-9727
5. Dr. Howard G. Osterman <https://www.footandankle-usa.com/provider/dr-howard-osterman/> Phone: 202-331-9727
6. Dr. Leland T. Gilmore <https://capitalfeet.com/dr-gilmore/> Phone: 703-560-3773

Pulmonary

1. Daniel Baram <https://gwdocs.com/profile/daniel-baram> Phone: 202-741-3333

### Rheumatology

### Dr. Shari Diamond and Dr. Rachel Kaiser <https://arapc.com/our-physicians/shari-b-diamond-md-facp-facr/> Phone: 301-942-7600

### Dr. Claudia Saba <https://www.nvcfa.com> Fairfax, VA Phone: 703-573-0130

### Dr. Mahsa Tehrani at Arthritis and Rheumatology Clinical Center of Northern Virginia <https://arthritisvirginia.com/> Phone: 703-734-2222

### Dr. Carol Deane Benedict <https://www.medstarhealth.org/doctors/carol-deane-benedict-md> Phone: 202-444-6200

Sexual Health, Menopause, and Vulvovaginal Disease

1. Dr. Jill Krapf at the Center for Vulvovaginal Disorders <https://jillkrapfmd.com> Phone: 202-887-0568
2. Dr. Andrew Goldstein at the Center for Vulvovaginal Disorders <https://jillkrapfmd.com> Phone: 202-887-0568
3. Dr. Rachel Rubin <https://www.rachelrubinmd.com> Phone: 202-888-6731
4. Lucy Treene, PA-C <https://intimmedicine.com/our-team/lucy-davies-treene/> Phone: 202-293-1000
5. Dr. Sarah Cigna <https://gwdocs.com/profile/sarah-cigna> Phone: 202-741-2500
6. Jenna Perkins, WHNP <https://www.gwhospital.com/conditions-services/pelvic-floor-center/jenna-perkins> Phone: 202-715-4000
7. Transcend Healthcare <https://www.transcendhealthcaredmv.com> Phone: 202-753-0001
8. Dr. Melinda Hall <https://www.tysonsgynecology.com> Phone: 703-991-6806
9. Andrea Battiola <http://thepeaktherapy.com/about-andrea> Phone: 240-863-2084
10. Deborah Fox <https://www.debfox.com> Phone: 202-363-1740
11. Melanie Modjoros <https://www.sexualhealthconsultants.com> Phone: 703-370-4300

Sleep Medicine

1. Johns Hopkins Community Physicians- Sibley Memorial Hospital <https://www.hopkinsmedicine.org/profiles/details/carolyn-wang> Phone: 240-235-9120
2. The Center for Sleep and Wake Disorders <https://sleepdoc.com/> Phone: 301-654-1575
3. The George Washington University Hospital Sleep Center <https://www.gwhospital.com/conditions-services/neurosciences-institute/sleep-center> Phone: 888-4GW-DOCS
4. Comprehensive Sleep Care Center <https://comprehensivesleepcare.com> Phone: 703-214-0318

Travel Medicine

1. Passport Health-DC <https://www.passporthealthusa.com/dc-metro/> Phone: 202-561-3600
2. The Washington Travel Clinic <https://www.washingtontravelclinic.com/contact/> Phone: 202-521-8120
3. Capitol Travel Medicine <https://capitoltravelmedicine.com/> Phone: 703-351-5100
4. Travel Clinics of America: <https://www.travelclinicsofamerica.com/>
5. CDC <https://wwwnc.cdc.gov/travel/destinations/list>

Urogynecology:

1. Dr. Daniel David Gruber <https://www.hopkinsmedicine.org/profiles/details/daniel-gruber> Phone: 202-243-5295
2. Dr. Charelle Carter-Brooks <https://gwdocs.com/profile/charelle-carter-brooks> Phone: 202-741-3100
3. Dr. Rachael Sussman <https://www.medstarhealth.org/doctors/rachael-d-sussman-md> Phone: 202-444-1703
4. Dr. Lauren Scott at Inova Fairfax Hospital
5. Dr. Maria Canter <https://www.urogyncenternova.com/our-team/> Phone: 703-293-5239
6. Nicolette Horbach <https://www.urogyndocs.com/doctors/dr-nicolette-horbach/> Phone: 571-389-7140

Varicose Vein Management

1. The Vein Clinic of Washington <https://veinclinicofwashington.com> Phone: 301-270-8346
2. Center for Vein Restoration <https://www.centerforvein.com> Phone: 866-387-0467
3. Washington Vein and Body <https://washingtonveinspecialists.com> 703-763-7601

Weight Management

1. Dr. Janese Laster <https://www.guttheoryhealth.com/> Phone: 1-888-755-4881